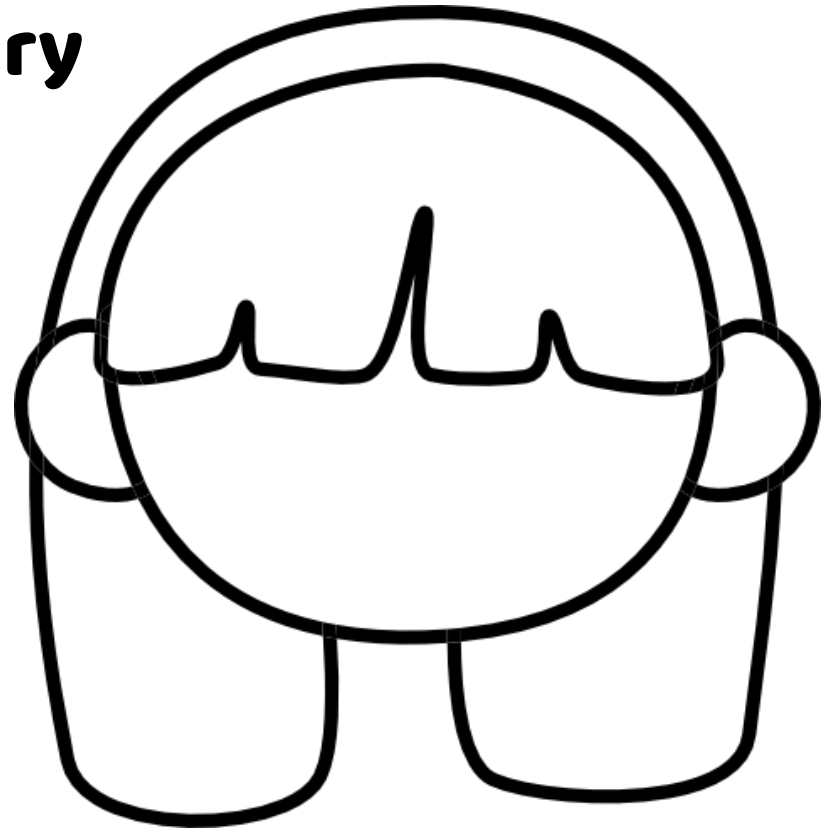
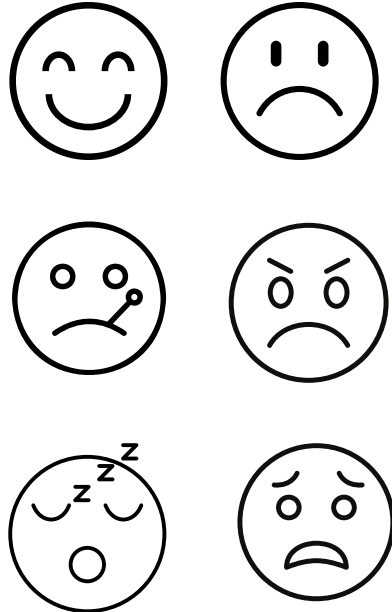
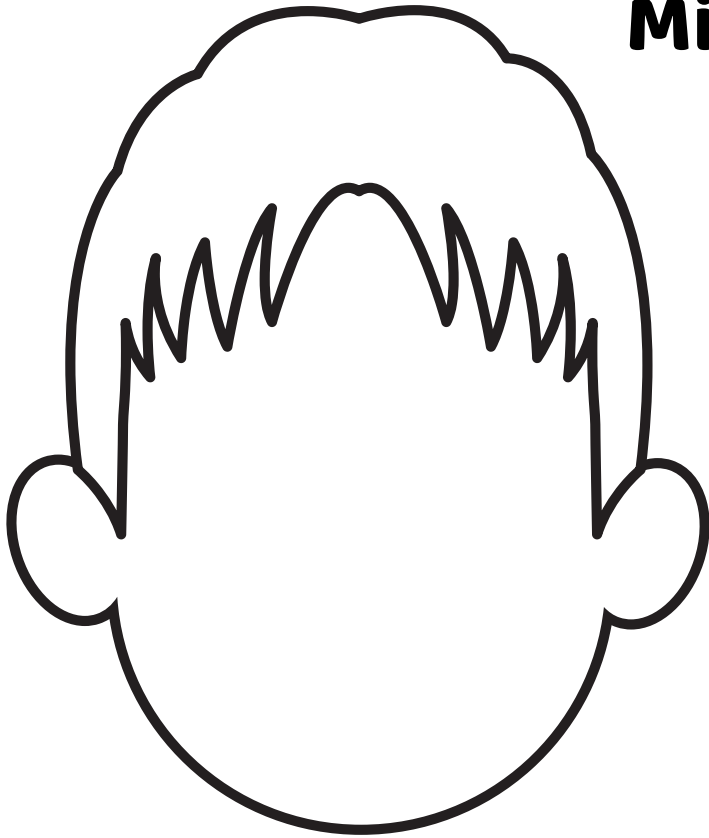


NAME:

CLASS:

# Mindfulness Diary



**How are you feeling on Thursday?**

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